## Contents

SECTION 1	Pulmonology	
	Extensively Drug-resistant Tuberculosis: Updates in     Epidemiology, Diagnosis, and Treatment  Achintya D Singh, Surendra K Sharma	3
	2. Non-resolving Pneumonias	11
	3. Approach to Diffuse Parenchymal Lung Diseases	16
	4. COPD: Practical Outcome Tools—From Clinical Trials to Clinical Care  Sanjeev Nair	24
	5. Indian Guidelines on Bronchial Asthma  Prashant Prakash, Prabhat Agarwal	28
	6. Approach to Interstitial Lung Diseases  Prasanta Raghab Mohapatra	36
SECTION 2	Rheumatology	
	7. Pre-rheumatoid Arthritis  Binoy J Paul	49
	8. Sjögren Syndrome: What should Internists Look Out For?	54
	9. Lupus Flare: Recognition and Management  Renu Saigal	62
	10. Scleroderma Renal Crisis-New News  Satyabrata Ganguly	69
	11. Cytokine Modulation and Manipulation in Rheumatic Diseases Bidyut Kumar Das, Sarit Sekhar Pattanaik, Rina Tripathy	73
	12. Structural Damage in AxSpA and Role of TNF-inhibitors	77

PD Rath

	13. JAK Inhibition: A New Treatment Paradigm to  Treat Rheumatoid Arthritis
	14. Fingerprint Adalimumab Biosimilar: Backing Science with Data85  Shefali Khanna Sharma
	15. Infliximab: A Decade and Going Strong90  Ramesh Jois
	16. Current and Emerging Trends in Osteoporosis94  D Phani Kumar, G Narsimulu
SECTION 3	Geriatrics
	17. Geriatric Syndromes: Practice in an Aging World
	18. Immunosenescence: Clinical Implications
	19. Urinary Incontinence in Elderly
	20. Geriatric Syndrome of Frailty
SECTION 4	Neurology
	21. Current Status of Acute Ischemic Stroke Therapy
	22. Evaluation and Management of Transient Ischemic Attack
	23. Management of Anticoagulant-induced Intracranial Hemorrhage 135  MV Padma Srivastava, Vishnu VY
	24. Ten New Developments in Neurology in 2017 146 Salil Gupta

SECTION 5	Critical Care
	25. Acinetobacter Menace in ICUs: How to Counter This?
	26. Current Sepsis Management
	27. Noninfectious Causes of Fever in the Intensive Care Unit
	28. Acute Respiratory Failure in the MICU: A Physician's Perspective 170  Alladi Mohan, G Sindhu
-	LEGALIST AND
SECTION 6	Cardiology
	29. Ventricular Premature Beats: When to Treat? 179  SB Gupta
	30. Spotlight on New Drug Therapies in Heart Failure
	31. STEMI Care in India: How can we Make a Difference Collectively? 193  Mridul Mahanta, Suraj Kumar, Gurpreet S Wander
SECTION 7	Endocrinology
	32. Weekend Therapies in Diabetes Mellitus: Fact or Fiction? 203  Anupam Prakash
	33. Dyslipidemia in Indian Diabetics
	34. Subclinical Hypothyroidism
	35. Thyroid Disorders in Pregnancy

	36. Role and Relevance of Hydroxychloroquine in the Management of Type 2 Diabetes Mellitus
	37. Long-term Safety of Hydroxychloroquine for Managing Chronic Medical Conditions
SECTION 8	Oncology
	38. Metronomic Chemotherapy: When Less is More!239  TVSVGK Tilak
	39. Kidney Dysfunction in Cancer and its Treatment
SECTION 9	Hematology
	40. Year in Review (Hematology)255 Sudhir Mehta, Laxmikant Goyal, Shaurya Mehta
	41. Hemophilia and Mobile Application: A 'C' Change in Compliance and Complications
SECTION 10	Gastroenterology
	42. Pancreatitis Management: State of the Art 2018
	43. Diagnostic and Therapeutic Approach to Constipation in Tertiary Care
	44. H. pylori: To Eradicate or Not to Eradicate?
	45. Evidence-based Approach: Gastroesophageal Reflux Disease

SECTION 11	Infectious Diseases
	46. Management of Severe Falciparum Malaria: Recent Update
	47. Fever with Rash
	48. Dengue: Update on Diagnosis and Management
	49. PEP in HIV Exposure
	50. HIV-TB Coinfection: Clinical Pearls
SECTION 12	Rabindranath Tagore Oration
	51. Health and Disease in Women: From Cradle to Grave
SECTION 13	Common Clinical Issues
Program aghalls	52. Syncope: A Pragmatic Approach to Management
	53. HLA-B27: When to Order and How to Interpret?
	54. ANA and ENA: When to Order and How to Interpret? 336  P Samikrishnan
	55. Antineutrophil Cytoplasmic Antibodies: When to Order and How to Interpret?

## **Contemporary Issues**

	Subramanian Shankar, Arun Valsan	
	57. Prevention of Hereditary Disease: CRISP R and Beyond	. 354
3	58. Clinical Errors and How to Prevent Them?	. 357
	59. Trial by Media  Anil Chaturvedi	. 362
	60. Violence Against Doctors: Causes, Effects and Solutions Vitull K Gupta, Meghna Gupta, Varun Gupta	. 367
	61. Pneumococcal Vaccination: The Need of the Hour  BV Murali Mohan, R Ranganatha	.374
		•
ex	AND IN THE SHAPE STORY STORY STORY OF THE ST	379

56. Health Economics: What and Why for the Internist?......349